

## Have you already been vaccinated in Ukraine ?

Vaccines already received before will only be recognized if it is one of the **5 vaccines accepted by the EMA**, therefore:

- Comirnaty (BioNTech and Pfizer),
- Nuvaxovid (Novavax),
- Spikevax (Moderna),
- Vaxzevria (Astra Zeneca),
- COVID-19 Vaccine (Janssen).

#jemevaccine



## Where can you get vaccinated?

- ✔ In **vaccination centres in Wallonia**, without an appointment with Pfizer or Moderna vaccines.

### WARNING!

Vaccination with **Novavax** is done by appointment on 04/229 17 20.

The vaccination **of 5-11 year-olds** is done with a paediatric version of the Pfizer vaccine and requires an appointment to be made on 0800/45 019.

- ✔ Through general practitioners.
- ✔ Coming soon in participating pharmacies.

Find the schedules of the centres and more info on [jemevaccine.be](https://jemevaccine.be) or on **0800/45 019**.

Person in charge: F. Lannoy | Rue de la Rivelaïne 21, B-6061 Charleroi | March 2022 | Copyright registration D/2022/7646/4

## Health form

Surnam : ..... Firs name : .....  
Date of Birth : .../.../....  
BIS number (national number for foreigners) :  
.....

**When you receive this document, contact your general practitioner before going to the vaccination centre IF :**

- ▶ You have had a **serious** allergic reaction or needed urgent medical attention following a vaccination or in other circumstances.
- ▶ You are currently suffering from an **acute infection** .
- ▶ In the past 14 days you have had a positive COVID test, whether or not you have any symptoms.

Your doctor can decide whether or not to postpone the vaccination or to take special precautions.

Medical questionnaire to present at the reception of the vaccination centre for your anamnesis (state of health). In order to protect your personal data, please take this document with you afterwards.		
	YES	NO
Have you ever had a serious allergic reaction?		
Have you had COVID or a positive COVID test these last 14 days?		
Do you have a fever or are you sick ?		
Are you pregnant or are you considering parenthood?		
Do you take anticoagulant drugs?		



# COVID-19 I get vaccinated !

HEALTH INFORMATION and FORM  
for Ukrainian nationals in Wallonia





## I get vaccinated

As Ukrainian nationals who have recently arrived in Wallonia, you have the possibility of getting vaccinated against COVID-19.

Vaccination is free and voluntary. The decision to vaccinate yourself is an important gesture in terms of public health.

On the back of this flyer you will find a health questionnaire; it must be completed prior to your vaccination, if necessary with your general practitioner. Take this questionnaire with you on the day of your vaccination.



## Vaccines available in Belgium

Several vaccines are currently available in Belgium.

The Pfizer/BioNTech and Moderna vaccines are messenger RNA vaccines.

The Janssen vaccine (Johnson&Johnson) is a viral vector vaccine.

The Novavax vaccine is a protein subunit vaccine.



## Messenger RNA (mRNA) vaccines

These vaccines are made up of a molecule called messenger RNA which contains the information for our own body to transiently produce the antigen. The antigen will then provoke an immune response and produce the antibodies to block the virus.



## Protein subunit vaccines

This vaccine contains a version of the spike protein that has been produced in the laboratory, with an adjuvant. The immune system produces natural defences – antibodies and T cells – against it.



## Viral vector vaccines (Adenovirus)

These are vaccines containing a harmless virus but capable of producing an antigen identical to that of the coronavirus and thus triggering an immune response. The antibodies thus formed will be able to attack the COVID-19 virus.



## Are COVID-19 vaccines effective ?

Several studies point to the effectiveness of vaccines against COVID-19, regardless of the vaccine.

This efficiency is marked as follows: reduction in the number of contaminations, the severity of the disease, the risk of hospitalization and mortality linked to the coronavirus.

You can find more details on the website of the Federal Agency for Medicines and Health Products ([www.afmps.be](http://www.afmps.be)) as well as in the opinions of the Superior Health Council ([www.health.belgium.be/fr/conseil-superieur-de-la-sante](http://www.health.belgium.be/fr/conseil-superieur-de-la-sante)).



## Are COVID-19 vaccines safe ?

As with any other vaccine, experts from the European Medicines Agency (EMA) and the French Agency for Medicines and Health Products (AFMPS) are rigorously reviewing all data relating to COVID-19 vaccines.

The immediate adverse effects are mild and classic after a vaccine: fever, headache and fatigue. As with all medications, the risk of allergic shock exists but is extremely rare.

This is why we monitor for 15 minutes (30 in the event of a serious allergic history) after the injection.

The FAMHP publishes a weekly **cumulative overview of the adverse effects reported** following the administration of a COVID-19 vaccine in Belgium:

[www.afmps.be](http://www.afmps.be)



## Am I obliged to get vaccinated ?

Vaccination is a **voluntary gesture**. There is no professional or other obligation.

The important work carried out in terms of information and awareness aims to enable everyone to make an informed choice. This is why we do everything we can to provide you with useful answers to your very justified questions.

The vaccine is **free**.



je me vaccine.be

Safety is one of the conditions for marketing authorization for a vaccine ; COVID-19 vaccines meet the same quality requirements as any other vaccine.



Wallonie